

Andrew Ford

Pre-Registration Nurse

Nursing Philosophy

I believe in providing **individualised, holistic care** to my clients. This means working in *partnership* with each client to recognise and meet their unique health needs. In daily practice I utilise communication skills to develop therapeutic rapport, while promoting health and providing education about disease and treatment. It is my duty to ensure a clients individual rights and personal beliefs are respected and valued within my nursing practice.

It is my responsibility to **remain accountable** for my daily practice by actively *participating* in both multi-disciplinary and nursing teams. This means that I recognise my own emerging skills and how I can contribute these to the benefit of the MDT while remaining an advocate for the client. In addition, I also reflect on my own limitations and how I can offset these through the support of my nursing colleagues, to improve my clinical judgment.

I strongly believe in *protecting* my clients through my own **commitment to professionalism**. This incorporates my ongoing professional development as a life-long learner, alignment of my practice with the code of ethics and the RN competencies, as well as an expectation of acting as a role-model for those in my care.

Skills and Strengths



Interpersonal Skills

Effective communication skills developed over years of working with elderly clients.



Computing Skills

Fluent use of most common professional and consumer grade software, through graphic design work.



Organisation Skills

Proven ability to effectively time-manage, take initiative, and problem-solve in a healthcare environment.



Information Skills

Affinity with reading, analysing and summarising texts, developed through academic study and reading habits.

About Me

Name	Andrew Ford
Gender	Male
Born	24th August 1983
Age	31
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Education

- 2012-15**
Bachelor of Nursing
Christchurch Polytechnic Institute of Technology
 A three year degree course addressing anatomy, physiology, culture, communication, ethics, pharmacology and skills.
NZQA: Levels 5-7
- 2011**
Certificate in Pre-Health Science
Christchurch Polytechnic Institute of Technology
 A six month foundation course in academic skills, maths, anatomy, physiology and microbiology.
NZQA: Levels 1-4
- 2000-01**
Advanced Certificate in Multimedia and Design
Carich National College of Multimedia and Technology
 A one year course in foundation skills related to adobe design software, design principles and multimedia art.
NZQA: Level 4+

Work Experience

- 2013-15**
Hospital Aide
CDHB - Hillmorton Hospital AIS
 Sixteen bedroom wards for acute mentally disordered inpatients, worked part-time over eighteen months.
Tasks: Ward Observations, Escorted Leave, House-keeping
- 2006-13**
Caregiver
Ilam Lifecare - Assisted Living Hospital
 Full assistance with ADL's for patients who are physically frail, disabled or coping with dementia symptoms.
Tasks: Physical Transfers, Dressing, Showering, Hygiene

Future Goals

Professional

- Enter the NESP Program ●●●●●
- Take on Leadership Roles ●●●●●
- Complete Master's Degree ●●●●●
- Become a Nurse Educator ●●●●●

Personal

- Write my First Fiction Novel ●●●●●
- Trek Across West Europe ●●●●●
- Build a Nurse Training App ●●●●●
- Buy my First House ●●●●●

My Interests

Professional

- Teaching and Educating ●●●●●
- Dialectic Behaviour Therapy ●●●●●
- Communication Techniques ●●●●●
- Clinical Skills ●●●●●

Personal

- Mountain Biking ●●●●●
- Reading Novels ●●●●●
- Graphic Design ●●●●●
- Technology ●●●●●